

General Notes

Patient Presentation

Cognitive Functioning

Affect

Mood

Interpersonal

Functional Status

Safety Issues

- ☐ None
- ☐ Suicidal Ideation
- ☐ Homicidal Ideation
- ☐ Other

Medications

Symptom Description and Subjective Report

Relevant Content

Interventions

- ☐ Cognitive Challenging
- ☐ Cognitive Refocusing
- ☐ Cognitive Reframing
- ☐ Communication Skills
- ☐ DBT
- ☐ Exploration of Coping Patterns
- ☐ Explanation of Emotions
- ☐ Exploration of Relationship Patterns
- ☐ Guided Imagery
- ☐ Interactive Feedback
- ☐ Interpersonal Resolutions
- ☐ Mindfulness Training
- ☐ Preventative Services
- ☐ Other

Treatment Plan Progress

Objective 1

Objective 2

Additional Notes Regarding Goals and Objectives

Plan

Recommendation

- ☐ Continue Current Therapeutic Focus
- ☐ Change Treatment Goals or Objectives
- ☐ Terminate Treatment